

ADHD support for parents, grandparents and carers who speak Punjabi

Are you the parent/carer of a child with ADHD aged between 5 and 18 years?



Would you like to know more about
ADHD and how this may affect your
child?

Join our SEND specialist and Punjabi
translator to receive advice and support
about ADHD.

Join our session on:

Tuesday 18 November 2025

9.30am - 11.30am

at Graiseley Family Hub

A translator who speaks Punjabi will be present to ensure all participants feel welcome and to support communication and participation.

No diagnosis is required.



Book your place at:

eequ.org/book/an-introduction-to-adhd-punjabi-with-rachel-watson-wolverhampton-outreach-service-and-family-hubs-20415

or by scanning the QR code

For help with booking or any questions, please email RWatson1@aatrust.co.uk