E-Safety Newsletter

Merridale Primary School
'Growing together'

Spring 1 2024

This half term, our e-safety focus is **Online Bullying**.

We conduct an initial assessment which informs teachers which objectives to focus on the most but children will cover the following topics. Our resources are taken from the Project Evolve toolkit.

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
I can describe some ways that people can be unkind on line and I can say how this might make someone feel.	I can describe how to behave online in ways that do not upset others and give examples.	I can explain what bullying is, how people may bully others and how bullying can make someone feel. I can explain why anyone who experiences bullying is not to blame. I can talk about how anyone experiencing bullying can get help.	I can describe appropriate ways to behave towards other people online and why this is important. I can give examples of how bullying behaviour could appear online and how someone can get support.	I can recognise when someone is upset, hurt or angry online. I can describe ways people can be bullied through a range of media (e.g. image, video, text, chat) I can explain why people need to think carefully about how content they post might affect others, their feelings and how it might affect how others feel.	I can recognise online bullying can be different to bullying in the physical word and can describe some of these differences. I can describe how what one person perceives as playful joking and teasing (including 'banter') might be experienced by others as bullying. I can explain how anyone can get help if they are being bullied online and identify when to tell a trusted adult. I can identify a range of ways to report concerns and access support both in school and at home about online bullying.	I can describe how to capture bullying content as evidence to share with others who can help me. I can explain how someone would report online bullying in different contexts.

Keeping you child safe online

- Talk to your child about their online behaviours. What do they like to do? Play the games they are playing with them. Who do they talk to online?
- Make sure that your child knows what to do if something makes them feel uncomfortable online.
- If children are online, keep them in the same room as you if possible.
- Be very mindful of the minimum age for online games and social media sites.
- If children are online, please, please remind them regularly that they should not give out any personal information like their address, school or personal details.
- Remind children that they should never agree to meet anyone online and if anyone online suggests this they should tell a parent/carer straight away.
- Make your child aware of their digital footprint.
- Discuss the importance of being kind online as well as in person.
- Set usage limits and model healthy habits.
- Ensure that privacy settings are in place on your child's devices.
- Use parental controls where available.

These websites will give you further information about keeping your child safe online.

www.thinkyouknow.co.uk   www.saferinternet.org.uk   www.bbc.com   www.nspcc.org.uk

For more information about our e-safety curriculum, please contact Mrs Byrne.

If you are worried about a child, please contact our Designated Safeguarding Lead: Mrs Towle.

Many children will have received new devices over the Christmas holidays. It is important that you are aware of how you child uses these devices online, including smartphones, tablets and gaming consoles. Appropriate parental controls should always be in place to ensure that your children cannot access inappropriate content.

You can find specific information about parental controls on different devices here:

Safer Internet Day is on 6th February 2024

The theme for this year is Change Online, focusing on

- Young people's perspective on new and emerging technology
- Using the internet to make change for the better
- The changes young people want to see online
- The things that can influence and change the way young people think, feel and act online and offline.

As well as a whole school assembly, children will have specific lessons focusing around this theme.

Year 5 and 6 Parent E-safety workshop

Alongside e-safety specialists from Online Behaviours (www.onlinebehaviours.co.uk) we will be running an e-safety workshop for parents and carers on 1st February 2024. Further details