



# Merridale Primary School

Aspen Way Wolverhampton WV3 0UP  
Telephone: 01902 558760  
E Mail: [office@merridaleprimary.co.uk](mailto:office@merridaleprimary.co.uk)  
Acting Headteacher: Mrs Laura Towle  
[www.merridaleprimary.co.uk](http://www.merridaleprimary.co.uk)

Our Ref: LT/JH

Date: Sunday 9<sup>th</sup> January 2022

Dear Parents/Carers,

## Changes to COVID-19 Isolation Period

I am sure that you have seen that changes to the isolation period for those who have COVID-19 have recently been introduced. From 11<sup>th</sup> January, those with symptoms MUST still isolate and arrange a PCR test but, anyone without symptoms and a positive Lateral Flow home test result, does not have to arrange a PCR test as their isolation period starts immediately. I have included a flow chart on the next page which explains the new process to follow regarding testing to end the isolation period.

If your child has COVID-19 symptoms or receives a positive lateral flow test result (LFT), they **MUST NOT** attend school but you should contact the main office immediately to inform us. We will notify the other parents and carers in each class of any positive cases via text message. If you receive a text message saying that your child has been a close contact of a positive case, you should test your child daily with an LFT for the next seven days. Close contacts can still attend school as long as they **do not have symptoms and have negative LFT tests**. You do not need to share negative LFT test results with school, only positive results.

Thank you for your support. If you have any questions, please do hesitate to contact school.

Yours sincerely,

Mrs L Towle  
Acting Headteacher

**Changes to the self-isolation period:**

<p>If you have symptoms/ feel unwell or have taken a lateral flow and it is positive = Obtain a PCR test <b>if symptomatic</b> (Temporarily, a PCR is not necessary as of 11<sup>th</sup> January <b>if you have no symptoms</b>, LFD counts as positive. If symptoms develop, a PCR is then required.</p>								
<b>Day of Isolation</b>	<b>How to use LFT tests to end isolation before 10 days</b>							
Day 0	<p><b>Self-isolation starts</b> <i>This is the day your symptoms start OR when you have taken a lateral flow and it is positive but you have no symptoms – obtain a PCR test</i></p>							
Day 1	<b>Self-isolation</b>							
Day 2								
Day 3								
Day 4								
Day 5								
Day 6	<p><b>Take Lateral Flow Test</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="background-color: #cccccc;">Negative</th> <th style="background-color: #cccccc;">Positive</th> </tr> </thead> <tbody> <tr> <td>Continue to isolate and take another lateral flow test 24 hours later</td> <td>Continue to isolate and take another lateral flow test 24 hours later</td> </tr> </tbody> </table>				Negative	Positive	Continue to isolate and take another lateral flow test 24 hours later	Continue to isolate and take another lateral flow test 24 hours later
Negative	Positive							
Continue to isolate and take another lateral flow test 24 hours later	Continue to isolate and take another lateral flow test 24 hours later							
Day 7	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>					
	<b>Negative</b>	<b>Negative</b>	<b>Positive</b>					
	Your self-isolation has ended. You can return to work/school	Continue to isolate and take another lateral flow test 24 hours later	Continue to isolate and take another lateral flow test 24 hours later					
Day 8	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>					
	<b>Negative</b>	<b>Negative</b>	<b>Positive</b>					
	Your self-isolation has ended. You can return to work/school (unless you have a high temperature)	Continue to isolate and take another lateral flow test 24 hours later	Continue to isolate and take another lateral flow test 24 hours					
Day 9	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>	<b>Take Lateral Flow Test</b>					
	<b>Negative</b>	<b>Negative</b>	<b>Positive</b>					
	Your self-isolation has ended. You can return to work/school (unless you have a high temperature)	Continue to isolate and take another lateral flow test 24 hours later	Continue to isolate until 23.59pm when your isolation period ends					
Day 10			<b>Take Lateral Flow Test</b>					
			<b>Negative</b>					
			Your self-isolation has ended. You can return to work/school (unless you have a high temperature)					