

## **Merridale Primary School**

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Our Ref: LT/JH

Date: Monday 18th September 2023

Dear Year 4 Parents and Carers,

Year 4 Cooking Session 1

On Wednesday 4th October 2023, Year 4 pupils will be taking part in an exciting cooking session through a scheme run by the Royal Academy of Culinary Arts. The project aims for children to learn about food in a holistic sense, giving them the confidence to eat well, be healthy and happy. The programme helps children to develop positive eating habits and encourages enthusiasm and interest in food and cooking. Year 4 children will take part in one cooking session each term throughout this school year.

The children will be taking part in cooking and tasting activities under the guidance of a professional chef and school staff. All ingredients and equipment will be provided.

The Royal Academy of Culinary Arts has been able to secure funding for this project (which would normally costs over £6 per pupil per session) so that they can offer it for £2.50 per pupil per session. We are asking parents and carers for a £1.50 contribution per session towards this and school will fund the rest of the cost. Please make the £1.50 payment via School Comms Gateway App. If you need any support using Gateway, please contact Mrs Hitch in the school office.

At the start of the academic year, you gave permission for your child to take part in food tasting activities and notified school of any allergies or special dietary requirements. If any dietary needs have changed since then, please let your child's class teacher know as soon as possible.

Yours sincerely

Mrs L Towle Headteacher