

# Food Bank Friday

## Collection @ Merridale

### Friday 13th October 2023

Can you help?

Please remember all food/toiletries/baby items donated need to be...

- non-perishable, so no fresh food
- at least 2 weeks within it's 'best before end' (BBE) or 'sell by' date when we receive it
- in sealed packaging/undamaged tins

Please send all donations into school **on the morning of Friday 13th October** (no earlier please as we have nowhere to store donations).

**Thank you for helping us to support The Well!**



#### Shopping list of suggested donation items:

- Milk (UHT or powdered)
- Cereal
- Tea/Coffee
- Sugar
- Jam/spreads
- Squash/Fruit Juice (UHT)
- Meat/fish (Tinned)
- Pasta/Rice/Noodles (dried)
- Couscous/Pulses
- Soup (tinned)
- Vegetables (Tinned)
- Pasta /cooking sauce (Jar)
- Fruit/Puddings(/custard Tinned)
- Snacks/biscuits
- Nappies (any size, sealed pack)
- Baby wipes/Toiletries
- Baby food (long use by date)
- Ladies/Men's toiletries
- Household cleaning products

**NO BAKED BEANS PLEASE**