



E-Safety Newsletter

Autumn 2 2023

This half term, our e-safety focus is **Online Relationships**.

We conduct an initial assessment which informs teachers which objectives to focus on the most but children will cover the following topics. Our resources are taken from the Project Evolve toolkit.



EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>I can recognise some ways the internet can be used to communicate.</p> <p>I can give examples of how I might use technology to communicate with people I know.</p>	<p>I can explain why it is important to be kind to people online.</p> <p>I can explain why things one person finds funny or sad online might not be seen in the same way by others.</p> <p>I can use the internet with adult support to communicate with people I know (e.g. video call apps or services).</p> <p>I can give examples of when I should ask permission to do something online and explain why this is important.</p>	<p>I can explain who I should ask before sharing things about myself or others online.</p> <p>I can explain why I have a right to say 'no' or 'I will have to ask someone'. I can explain who can help me if I feel under pressure to agree to something I am unsure about or don't want to do.</p> <p>I can identify who can help me if something happens online without my consent.</p> <p>I can explain how it may make others feel if I do not ask their permission or ignore their answers before sharing something about them online.</p> <p>I can explain why I should always ask a trusted adult before clicking 'yes', 'agree' or 'accept' online.</p>	<p>I can describe ways people who have similar likes and interests can get together online.</p> <p>I can explain what it means to 'know someone' online and why this might be different from knowing someone offline.</p> <p>I can explain what is meant by 'trusting someone online', why this is different from 'liking someone online', and why it is important to be careful about who to trust online.</p> <p>I can explain how someone's feelings can be hurt by what is said or written online.</p>	<p>I can describe strategies for safe and fun experiences in a range of online social environments (e.g. livestreaming, gaming platforms).</p> <p>I can give examples of how to be respectful to others online and describe how to recognise healthy and unhealthy online behaviours.</p> <p>I can describe strategies for safe and fun experiences in a range of online social environments (e.g. livestreaming, gaming platforms)</p>	<p>I can explain how someone can get help if they are having problems and identify when to tell a trusted adult.</p> <p>I can describe some of the ways people may be involved in online communities and describe how they might collaborate constructively with others and make positive contributions</p> <p>I can explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my / our fault</p>	<p>I can explain how sharing something online may have an impact either positively or negatively.</p> <p>I can describe how things shared privately online can have unintended consequences for others. e.g. screen-grabs.</p> <p>I can describe how to be kind and show respect for others online including the importance of respecting boundaries regarding what is shared about them online and how to support them if others do not.</p>

Keeping you child safe online

- Talk to your child about their online behaviours. What do they like to do? Play the games they are playing with them. Who do they talk to online?
- Make sure that your child knows what to do if something makes them feel uncomfortable online.
- If children are online, keep them in the same room as you if possible.
- Be very mindful of the minimum age for online games and social media sites.
- If children are online, please, please remind them regularly that they should not give out any personal information like their address, school or personal details.
- Remind children that they should never agree to meet anyone online and if anyone online suggests this they should tell a parent/carer straight away.
- Make your child aware of their digital footprint.
- Discuss the importance of being kind online as well as in person.
- Set usage limits and model healthy habits.
- Ensure that privacy settings are in place on your child's devices.
- Use parental controls where available.

These websites will give you further information about keeping your child safe online.



www.thinkyouknow.co.uk



www.saferinternet.org.uk



www.bbc.com



www.nspcc.org.uk

For more information about our e-safety curriculum, please contact Mrs Byrne.

If you are worried about a child, please contact our Designated Safeguarding Lead: Mrs Towle.

At Merridale, we believe that technology brings many benefits to young people; however it can negatively impact too. It is important to teach children the right balance. Digital 5 A Day provides helpful advice.

Children's
COMMISSIONER



Digital 5 A Day

Simple steps to a balanced digital diet and better wellbeing

Information from Ofcom Children and parents: media use and attitudes report 2022



Media use by age: a snapshot

Age Group	Key Statistics
3-4	<ul style="list-style-type: none"> 17% have their own mobile phone To go online: 39% use a mobile phone, 78% use a tablet and 10% use a laptop 89% use video sharing platforms 32% use live streaming apps/sites 50% use messaging sites/apps 21% use social media and 24% have their own social media profile 18% play games online 81% watch TV or films on any type of device other than a TV set (85% on a TV set) 47% watch live TV vs 72% who watch SVoD¹
5-7	<ul style="list-style-type: none"> 28% have their own mobile phone To go online: 50% use a mobile phone, 83% use a tablet and 27% use a laptop 93% use video sharing platforms 39% use live streaming apps/sites 59% use messaging sites/apps 33% use social media and 33% have their own social media profile 38% play games online 74% watch TV or films on any type of device other than a TV set (88% on a TV set) 48% watch live TV vs 77% who watch SVoD¹
8-11	<ul style="list-style-type: none"> 60% have their own mobile phone To go online: 71% use a mobile phone, 79% use a tablet and 55% use a laptop 95% use video sharing platforms 54% use live streaming apps/sites 84% use messaging sites/apps 64% use social media and 60% have their own social media profile 69% play games online 79% watch TV or films on any type of device other than a TV set (90% on a TV set) 51% watch live TV vs 76% who watch SVoD¹ 32% have seen something worrying or nasty online 32% were able to correctly identify sponsored search results

Just a third of parents are aware of the correct minimum age requirement for social media use

Around three-quarters of parents, irrespective of the child's age, said they were a friend or follower of their child on social media. But not all were aware that their child might be using sites before they reached the required age.

Overall, eight in ten parents of 3-17-year-olds said they were aware that there was a minimum age requirement for having a social media profile (81%). But of these only 42% could give the correct age (13). This equates to a third of all parents of 3-17-year-olds (34%). A fifth of the parents who claimed to be aware of the minimum age thought it was 12 or younger, while a third thought it was 14 or older.

	Facebook	X (twitter)	Instagram	Whatsapp	TicTok	Snapchat	Skype	Youtube
Age Rating	13	13	13	16	13	13	13	13