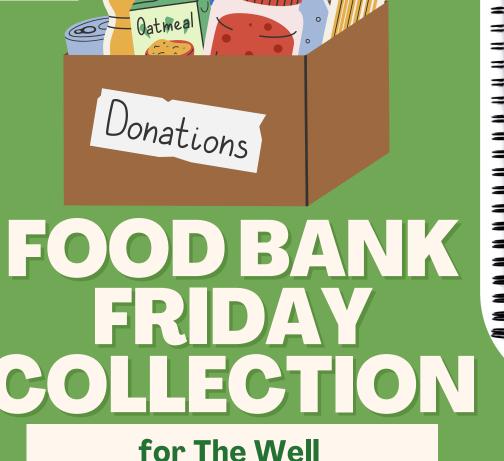
## Friday 27th June 2025

ΠT



-	Shopping list of suggested
-	donation items:
	* Milk (UHT or powdered)
	* Cereal
	* Tea/Coffee
	* Sugar
	* Jam/spreads
	* Squash/Fruit Juice (UHT)
	* Meat/fish (Tinned)
	* Pasta/Rice/Noodles (dried)
	* Couscous/Pulses
	* Soup (tinned)
	* Vegetables (Tinned)
	* Pasta /cooking sauce (Jar)
	* Fruit/Puddings(/custard Tinned)
	* Snacks/biscuits
	* Nappies (any size, sealed pack)
	* Baby wipes/Toiletries
	* Baby food (long use by date)
-	* Ladies/Men's toiletries
	* Household cleaning products
	NO BAKED BEANS PLEASE
-	



Right now, many families in our area are facing food insecurity. Your contribution to our Food Bank Friday collection can make a real difference.

Please remember all food/toiletries/baby items donated need to be...

• non-perishable, so no fresh food

 $\cdot$  at least 2 weeks within it's 'best before end' (BBE) or 'sell by' date when we receive it

 $\cdot$  in sealed packaging/undamaged tins

Please send all donations into school on the morning of Friday 27<sup>th</sup> June 2025 (no earlier please as we have nowhere to store donations).

Thank you for helping to support The Well and local families in need.

Learn more at https://www.thewellwolverhampton.co.uk/