

ARE YOU A YOUNG CARER?

Do you help to look after a family member such as a parent grandparent, brother, or sister?



Young Carers are children and young people up to the age of 18 who help care for someone within their family. This may be because of a physical disability, mental health condition, learning disability, substance misuse, sensory impairment or any long-term illness or condition.

It's not always easy being a young carer, you often have to take on adult responsibilities that can affect your friendships and relationships, learning and development, health and wellbeing or future career choices.

How Wolverhampton Young Carers can help you.

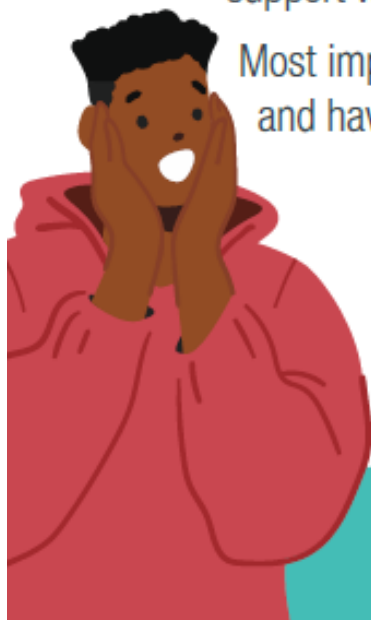
You may be able to join a monthly young carer support group, access a Young Carers conversation, receive information and advice, and talk to a carer support worker.

Most importantly we can give you the opportunity to make new friends and have fun away from your caring role during our half term events.

Contact us:

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