



**Mental Health  
Support Team**

# CRAFT 'N' CHAT

**Free drop in event for children, young people and their parents and carers.**

**Wednesday 27th March 2024**

**Wednesday 3rd April 2024**

**Drop in any time between 10:30am and 14:30pm**

## **Location:**

**Wolverhampton Art Gallery, Lichfield Street,  
Wolverhampton, WV1 1DU**

**Reflexions is a Mental Health Support Team that works in schools and colleges to support children and young people.**

**The Craft n Chat event includes therapeutic activities including painting, sculpting, collage, construction and mindfulness activities with the opportunity for you to speak with Mental Health Practitioners about ways to support your child's wellbeing.**

